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ABSTRACT

COVID-19 – Health and Family Welfare Department – Guidelines for COVID-19 affected persons, family members, Contacts and Containment Measures – Orders – Issued.

HEALTH AND FAMILY WELFARE (P1) DEPARTMENT**G.O.(Ms).No. 166****Dated: 02.04.2020
Vihari, Panguni – 20
Thiruvalluvar Aandu – 2051.****Read:**

1. G.O.(Ms)No.164, Health and Family Welfare (P1) Department, dated: 31.03.2020.
2. From the Government of India, Ministry of Health and Family Welfare, Revised Guidelines dated: 31.03.2020

ORDER:

In the G.O. first cited, the Government have issued orders and instructed the Heads of Departments of Health and Family Welfare Department and all the Government facilities / Private Hospitals / Testing Labs to strictly follow the prepared comprehensive guidelines on COVID-19 covering guidelines for screening centres, specimen collection, clinical management, Discharge Policy, for suspected cases, quarantine facilities, isolation facility / ward, use of masks by public, home quarantine, disinfection procedure etc.,

2. Corona virus infection spreads from person to person directly through respiratory droplets produced when an infected person coughs and sneezes (<20%) and through hands contaminated with the virus from the surfaces frequently touched by hands (>80%). Home Quarantine, Facility Quarantine and Hospital Isolation, hand wash, disinfection of the surfaces frequently touched by hands and care of the affected people are the key strategies to prevent the spread of COVID-19. The Government hereby issues the guidelines for taking care of the affected persons, their family members and contacts and for organizing containment measures as in the Annexure to this order.

(BY ORDER OF THE GOVERNOR)**BEELA RAJESH
SECRETARY TO GOVERNMENT****To**

All Secretaries to Government, Secretariat, Chennai – 600 009.

All District Collectors.

The Director of Public Health and Preventive Medicine, Chennai – 600 006.

The Director of Medical Education, Chennai – 600 010.
The Director of Medical and Rural Health Services, Chennai – 600 006.
The Project Director, Tamil Nadu Health System Project, Chennai – 600 006.
The Mission Director, National Health Mission, Chennai – 600 006.
The Managing Director, Tamil Nadu Medical Services Corporation Limited,
Chennai – 600 008.
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//FORWARDED BY ORDER//

018021222
SECTION OFFICER

2021
31/12/22

ANNEXURE

Guidelines for COVID-19 affected Persons, Family Members Contacts and Containment Measures

1. Health Screening

All the family members of positive cases, their family members and close contacts should be screened for symptoms of Corona virus infection. Laboratory samples for COVID-19 should be taken from all such persons and sent for testing.

2. Screening for Co-morbid Conditions

All the positive cases, suspect cases, people under quarantine/isolation should be thoroughly investigated for any co-morbid conditions like diabetes and hypertension and thoroughly investigated and treated accordingly.

3. Quarantine/Isolation

a. Hospital Isolation

All those with travel history, contact history, epidemiological linkage and symptoms of COVID-19 should be isolated in Hospital Isolation Rooms.

b. Government Facility Quarantine

All those have a definite history of exposure to positive cases like attending a conference or birthday party etc should be in facility quarantine in individual rooms under the direct supervision of Medical team and security.

c. Home Quarantine

Family members and low risk contacts should be quarantined at home by strictly following the home quarantine guidelines.

4. Laboratory Diagnosis

The following criteria should be adopted for undertaking laboratory testing.

- All symptomatic individuals who have undertaken international travel or travel history to affected areas in the last 14 days.
- Close contacts of laboratory confirmed cases
- All hospitalized patients with Severe Acute Respiratory Illness (SARI)
- All symptomatic health care workers.
- Asymptomatic direct and high-risk contacts of a confirmed case should be tested once between day 5 and day 14 of coming in his / her contact.
- Direct and high-risk contact include those who live in the same household with a confirmed case, healthcare workers who examined a

confirmed case without adequate protection and those attended a conference or meeting where positive persons also participated.

5. Containment Measures Category of Areas

- i) All Positive Case areas
- ii) Areas where positive foreign nationals stayed or staying still and under quarantine irrespective of lab result.
- iii) All the high risk people exposed to positive cases in events like conferences, meetings, birthday parties.

Defining the containment areas

- i. From the residence of the case, 5 Km radius to be earmarked. This area is known as Containment Zone.
- ii. Another 2 Km from the periphery of the containment zone is known as Buffer Zone
- iii. Divide the Containment Zone into sectors consisting 50 households each
- iv. Each sector to be given to a VHN/Anganwadi worker. If required additional workforce to be deputed from nearby area including nearby HUDs
- v. All Health work force should be equipped with adequate PPE, disinfectants etc.
- vi. This shall be supervised by a PHC Medical Officer and a Health Inspector for every four sectors.

6. Containment activities:

- Listing of all close contacts and isolation in a hospital or quarantine facility.
- All low risk contacts should be home quarantined and followed on daily basis.
- Close contacts outside the zone should also be isolated in hospital or quarantine facility and low risk contact should be home quarantined in their respective homes.
- All the contacts should be followed on daily basis.
- Active house-to-house surveillance for ILI (Influenza Like Illness) to be done by the field worker from 8 AM to 2 PM daily.
- All family members having symptoms should be line listed.
- The field worker will provide mask to the suspect case and the care giving family member
- The patient will be isolated in the home
- The Containment zone and Buffer zone should be thoroughly disinfected.
- Movement in and out of the Containment and Buffer zone should be restricted.
- All people above 60 years, people with immune deficiency and

pregnant woman, should get self-quarantined in their own homes.

- Any ILI case identified during house to house surveillance should be immediately shifted to hospital isolation.
- Passive surveillance should be conducted in all clinics and major hospitals for ILI and SARI.
- Lab samples should be taken for all ILI and SARI cases.
- Contacts of the cases, in school, college workplace.
- All people within the containment zone should be screened for diabetes and hypertension and proper control should be ensured for known diabetics and hypertensives.

7. Containment period:

- 28 days or 21 days after occurrence of last positive case, whichever is longer.
- Daily home visits and other activities should be done on all days.

8. Operations Headquarters:

- Operations headquarters of the RRT (Rapid Response Team) should be located outside the Containment zone.
- Daily medical camp should be inside the containment area
- Control room should be set up (24x7) in the operations headquarters
- Dedicated 108 ambulance should be stationed in the operations headquarters

9. Community involvement:

- Community should be thoroughly oriented about the control measures including the importance of hospital isolation, seeking care early, respiratory hygiene, hand wash and surface cleaning practices.
- Community volunteers should be involved in all activities particularly contact tracing, house visits and disinfection within the houses.

All volunteers must be equipped with adequate.

**BEELA RAJESH
SECRETARY TO GOVERNMENT**

//True Copy//

01/20/2020
SECTION OFFICER