



## ABSTRACT

Public Health – Menstrual Hygiene Programme – Extension to Adolescent Girls in the Urban areas and Women inpatients in Government Health Institutions – Orders – issued.

### HEALTH AND FAMILY WELFARE (P2) DEPARTMENT

G.O.(Ms) No.543

Dated: 09.12.2020  
Thiruvalluvar Aandu-2051  
Sarvari, Karthigai – 24

Read:

1. G.O.(Ms) No.279, Health and Family Welfare Department, dated 04.11.2011.
2. G.O.(Ms) No.21, Health and Family Welfare Department, dated 28.01.2013.
3. From the Director of Public Health and Preventive Medicine, Letter R.No.4815/MCH-II/S1/2020, dated 31.05.2020.

\*\*\*\*\*

### ORDER:

In the Government Order first read above, orders have been issued for the implementation of the Menstrual Hygiene Programme in Tamil Nadu for adolescent girls in rural areas, Postnatal Mothers delivered in Government Health Institutions and for Women prisoners. In the Government Order second read above, orders have been issued for the extension of the said Menstrual Hygiene Programme to the female inpatients in the Institute of Mental Health, Chennai.

2. The Hon'ble Chief Minister made an announcement on the floor of the Tamil Nadu Legislative Assembly, under Rule 110 of Tamil Nadu Legislative Assembly Rules during the Budget session 2020-2021 for the Extension of Menstrual Hygiene Scheme to Adolescent Girls in the Urban areas and to Women inpatients in Government Health Institutions as follows:-

“கிராமப்புற வளரிளம் பெண்களுக்கிடையே தன் சுத்தத்தை ஊக்குவிக்க மாதவிடாய் கால தன் சுகாதாரத் திட்டம் செயல்படுத்தப்பட்டு வருகிறது. இந்த திட்டம் 37.47 கோடி ரூபாய் செலவில் நகர்ப்புறத்தில் பயிலும் பள்ளி மாணவியர்களுக்கும் விரிவுபடுத்தப்படும். மேலும், அனைத்து அரசு மருத்துவமனைகளில் உள்நோயாளியாக சிகிச்சை பெறும் பெண்களுக்கும் சானிடரி நாப்கின் வழங்கப்படும்.(24.03.2020)”

3. The Director of Public Health and Preventive Medicine has sent proposal for the extension of Menstrual Hygiene Programme to Urban areas and scaling up of the said Scheme to Women inpatients in 781 Government Medical Institutions as detailed below:-

- (a) to procure beltless sanitary napkins under Menstrual Hygiene Scheme to Adolescent girls in the age group of 10-19 age in Urban areas at a cost of Rs.3474 lakhs (Rupees Thirty Four Crore Seventy Four Lakhs only) through Tamil Nadu Medical Services Corporation Limited including Transportation Charges.
- (b) to procure beltless sanitary napkins under Menstrual Hygiene Scheme to Women inpatients in Government Hospitals (24 MCH + 31 DHQ + 271 SDH + 423 UG PHC + 32 UCHC) at a cost of Rs.941.46 lakhs (Rupees Nine Crore Forty One Lakhs and Forty Six Thousand only) through Tamil Nadu Medical Services Corporation Limited including Transportation Charges.
- (c) to deliver beltless sanitary napkin for adolescent girls in urban areas directly to Government Schools and indents and acknowledgement for the same to be obtained by the Urban Health Nurse. The Urban Health Nurse will go to ICDS centre on every Saturday and along with Anganwadi workers, they will distribute to girls who are not covered in the Government / Government aided schools.
- (d) to deliver beltless sanitary napkin for women inpatients in Government Health Institutions in reproductive age group (20-49 years) similar to the sanitary napkin delivered to the postnatal mothers in Government facilities.

4. The financial synopsis involved for implementation of the proposal given is as below:-

Sl. No.	Activities to be taken up	Recurring cost	Non Recurring Cost	Total
(Rs. in Lakh)				
<b>A. Extension of the Menstrual Hygiene Programme to Urban Areas.</b>				
1.	Cost of Sanitary Napkin: Adolescent girls urban (10-19 years) 1491974x18 packsxRs.12.36*	3319.34	-	3319.34
2.	Transportation Cost: (a) DDHS to UPHCs 460 UPHCs x 20 Liters Rs.70/- x 12 rounds	77.28	-	77.28

	(b) UPHSCs to School and ICDS 2303 UHCs x 4 Fridays X Rs.70 x 12 rounds	77.38	-	77.38
<b>Sub Total (A)</b>		<b>3474.00</b>		<b>3474.00</b>
<b>B. Scaling up of Menstrual Hygiene Programme to Women inpatients in Government Health Institution in the reproductive age group (15-49 years)</b>				
1.	Cost of Sanitary Napkin: Inpatients 7351628 x 1 pack x Rs.12.36*	908.66	-	908.66
2.	Transportation Cost: 781 x 5 liters @ Rs.70/- x 12 rounds	32.80	-	32.80
<b>Sub Total (B)</b>		<b>941.46</b>	-	<b>941.46</b>
<b>Grand Total (A+B)</b>		<b>4415.46</b>	-	<b>4415.46</b>

(Rupees Four thousand four hundred and fifteen lakh and forty six thousand only)

5. The Government examined the proposal of the Director of Public Health and Preventive Medicine in detail and decided to accept the same. Accordingly the Government hereby approve the extension of Menstrual Hygiene Programme to adolescent Girls in the Urban areas and to women inpatients in Government Medical Institutions in the reproductive age group of 15-49 years. Accordingly, sanction is accorded for Rs.44,15,46,000/- (Rupees Forty four crore fifteen lakhs and forty six thousand only) for carrying out the Programme.

6. Further, the Government direct the Director of Public Health and Preventive Medicine to take action for procurement of napkins to adolescent Girls in the Urban areas and to women inpatients in Government Medical Institutions in the reproductive age group of 15-49 years through the Tamil Nadu Medical Service Corporation Limited. Further,

- (i) The sanitary napkins shall be delivered directly to Government Schools and the indents and acknowledgement will be obtained by Urban Health Nurse as per the register maintained. The Urban Health Nurse will go to ICDS centre on every Saturday and along with Anganwadi worker they will distribute to girls who are not covered in the Government Schools. The Urban Health Nurse will distribute the napkins to the postnatal mothers during the home visits.
- (ii) The acknowledgment of receipt of sanitary napkin has to be obtained in the register to be maintained for this purpose for adolescent girls / delivered women at the HSC / ICDS / School Centre.

7. The expenditure sanctioned in paragraph 5 above shall be debited to following Head of Account:-

	Head of Account	Amount sanctioned for FY 2021 -2022 (Rs.In Thousands)
(1)	<b>Scheme Cost</b> "2210 - Medical and Public Health – 06 - Public Health – 101- Prevention and Control of Disease State's Expenditure-KE. Menstrual Hygiene Programme - 24 - Materials and Supplies (IFHRMS DPC 2210 - 06 - 101 - KE – 32401)"	31,71,00
	"2210 – Medical and Public Health – 06 – Public Health 789 – Special Component plan for Scheduled Castes States Expenditure JA - Menstrual Hygiene Programme under Special Component Plan 324 – Materials and Supplies - 01 – Materials and Supplies (IFHRMS DPC 2210 – 06 – 789 – JA – 32401)"	10,14,72
	"2210 – Medical and Public Health – 06 – Public Health – 796 – Tribal Area Sub Plan – Status Expenditure – JA - Menstrual Hygiene Programme under Tribal Area Sub Plan 324 – Materials and Supplies - 01 – Materials and Supplies (IFHRMS DPC 2210 – 06 – 796 – JA – 32401)"	42,28
(2)	<b>Transport Charges</b> "2210 Medical and Public Health – 06 - Public Health – 101 - Prevention and Control of Disease-II. State's Expenditure – KE - Menstrual Hygiene Programme – 373 -Transport Charges (IFHRMS DPC 2210 – 06 – 101 - KE – 37301)"	1,87,46
	<b>Total</b>	<b>44,15,46</b>

8. Necessary funds for carrying out the Programme will be provided in BE 2021-2022.

9. This order issues with the concurrence of Finance Department vide its U.O.No.94DS(KU)/Health-I/2020, dated: 09.12.2020

(BY ORDER OF THE GOVERNOR)

J.RADHAKRISHNAN,  
PRINCIPAL SECRETARY TO GOVERNMENT.

To  
The Director of Public Health and Preventive Medicine, Chennai – 600 006.  
The Accountant General (Audit), Chennai – 600 018 / 600 035.

The Pay and Accounts Officer (South), Chennai – 600 035.

**Copy to:**

The Hon'ble Chief Minister Office, Chennai – 600 009.  
The Special Personal Assistant to Minister for Health and Family Welfare, Chennai - 600 009.  
The Private Secretary to Principal Secretary to Government,  
Health and Family Welfare Department, Chennai – 600 009.  
The Finance (Health) Department, Chennai – 600 009.  
✓ Health and Family Welfare (Data Cell) Department, Chennai – 600 009.  
Stock file/Spare copy

**//FORWARDED BY ORDER//**

*Jay*  
10/12/2020  
**SECTION OFFICER**  
10/12/2020